

EARLY YEARS PROGRAMS

Family Friendly Powell River website: www.familyfriendlypowellriver.ca

Websites & Contact Details

- ▶ Vancouver Coastal Health (**VCH**) www.parenting.vch.ca : 604-485-3310
- ▶ Inclusion Powell River and Cranberry Child Development and Family Resource Centre www.inclusionpr.ca : 604-483-4042
- ▶ Powell River Child, Youth and Family Services Society (**PRCYFSS**): www.prcyfss.com : 604-485-3090
- ▶ School District 47 (**SD47**): www.sd47.ca : 604-485-6271
- ▶ Tla'amin (**CDRC**): www.tlaaminhealth.com : 604-483-3009
- ▶ Powell River Public Library: www.prpl.ca : 604-485-4796
- ▶ Family Place & BOND: www.prepsociety.org : 604-485-2706
- ▶ MCFD Family & Child Protection: 604-485-0600
- ▶ MCFD Child & Youth Mental Health (**CYMH**): 604-485-0603
- ▶ United Way and ORCA Bus: www.unitedwayofpowellriver.ca : 604-485-2132
- ▶ Powell River and Region Transition House Society (**PRRTHS**): www.powellrivervictimservices.wordpress.com/services/powell-river-and-region-transition-house-society : 604-485-5335
- ▶ City of PR, Parks, Recreation and Culture: www.powellriverprc.ca : 604-485-2891

Online Resources

PRCYFSS Online Library Catalogue:

[http://prcyfss.mlasolutions.com/m5/catalog/\(S\(pcdrifu1tpegyuhmnk5bzctt\)\)/Default.aspx?internal=1&installation=Default](http://prcyfss.mlasolutions.com/m5/catalog/(S(pcdrifu1tpegyuhmnk5bzctt))/Default.aspx?internal=1&installation=Default)

Screen Time: www.caringforkids.cps.ca/handouts/screen-time-and-young-children

Anxiety: www.anxietycanada.com

Childhood Development Milestones: www.healthlinkbc.ca/health-topics/abo8756

***CALL PROGRAMS OR CENTRES FOR MORE DETAILS AND TO REGISTER**

Family Resources for Young Children

Connecting with Family, Friends and our Community



POWELL RIVER EARLY YEARS: MAKING CONNECTIONS

- Social-emotional health develops through relationships with people.
- Supportive relationships promote feelings of safety and connectedness. This provides the social support necessary to thrive socially, emotionally and academically.
- Strong social-emotional skills help children build confidence and feel successful in tackling new situations. This helps make new life adventures more successful.

REMEMBER ! YOU ARE YOUR CHILD'S MOST IMPORTANT CONNECTION

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EARLY YEARS



Just like other areas of health and development, such as speaking and walking,
your child needs your support, guidance and opportunities to practice social-emotional skills.

The Four Levels of Early Years (0-5 yrs) Programming

